

## **Qué Tal COVID-19 Guidelines**

### **Stay Home When Sick**

If you have [symptoms of COVID-19](#), stay home, monitor the symptoms and test for COVID-19.

### **Report All Positive COVID-19 Cases**

Report all positive cases to [office@quetalwayzata.org](mailto:office@quetalwayzata.org)

Attendance for Students: Inform your students' teacher and [office@quetalwayzata.org](mailto:office@quetalwayzata.org) for the days your student will be absent from school.

### **If Student/Staff Tests Positive for COVID-19**

Isolate Away from Others Immediately

- You must isolate yourself from others for 5 full days from the date your symptoms started; or if you did not have symptoms, isolate yourself from others from the date you tested positive.
- You may return to school/work on day 6 if symptoms are improving and you have been fever free without the use of fever-reducing medication for 24 hours.
- CDC recommends wearing a mask through day 10 after symptoms start, or testing positive if there are no symptoms.
  - What does “symptoms improving” mean?
    - You no longer feel ill.
    - You can do your daily routine just as you did before you were ill.
    - Any remaining symptoms, such as a cough or runny nose, are very mild or infrequent

### **Masking**

Masks are optional for all students, teachers and staff. The CDC recommends wearing a mask for those who have had a known exposure to COVID-19, regardless of vaccination status.

### **COVID-19 Exposure At Home**

If you live with someone who has tested positive for COVID-19 and needs to quarantine:

- You do NOT need to quarantine (regardless of vaccination status).
- Get tested if you have symptoms and/or five days after the exposure.

### **COVID-19 Exposure at Qué Tal**

We will not be quarantining close contacts who were potentially exposed while at school.

### **Notification of Positive COVID-19 Cases in Classrooms**

Qué Tal will distribute exposure notifications to exposed classrooms with a maximum of 2 notifications per month.